SHAILY FEINBERG
Treatments • Trainings • Pro-Seminars

The Israeli Biodynamic Craniosacral & Polarity Center IBCPC

Biodynamic Craniosacral Training
Professional certified
Craniosacral Training
BCST

Recognized by the international Organization

BCTI

Facilitator: Shaily Feinberg

ISRAEL

Based on Dr. William Garner Sutherland, Dr. Rollin Becker, Dr. Randolph Stone and Franklyn Sills and more.

♥ In appreciation Gratitude and love to my teacher Dr. Andrea Axt ♥

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Level 1 - The Craniosacral system and relational space & touch

- The Breath of Life system - the Craniosacral system ● Midline ● Introduction to Viscera
- Establishing therapuitic presence and relational space and touch
- Developing sensitivity and ability to palpate and to understand the system ●
- The inherent intelligence of healing and order system - Becker's 3 stages of healing
- Therapy-therapist-client ● Augmentation ● Intake ● Writing therapeutic session

96 full hours: 16 weekly sessions, 6 hours each.

Level 2 - Rhythms and tides of the Breath of Life

- The 3 tides of the Breath of Life ●Fascia and the uniformity of the Fluid body
- Biotensegrity ● recognizing the imprint of health in the system ●Biosphere
- Therapeutic hologram ● Transmutation
- Manifestation of the Breath of Life

42 full hours: 7 weekly sessions, 6 hours each.

Level 3 - The midline and facial dynamics

- Listening to the reciprocal membrane system R.T.M ● Core link ● S.B.J
- Facial dynamics: T.M.J ● Hyoid bone and the muscles ● Palate and mouth work
- Fluid cranium ● Flower head cranium ● The venous sinuses
- Midline-longitudinal and lateral axes ● Birth patterns ● M.R.E exercises
- Deepening into the Becker's 3 stages of healing ● Introduction to Viscera cont.

72 full hours: 12 weekly sessions, 6 hours each.

Level 4 - Trauma and the survival stress system

- Different approaches in working with trauma ● Craniosacral and trauma
- The physiological and anatomical aspects of the trauma ● Stress situations ● H.P.A AXIS
- Autonomic tone recognition and regulation work ● Vagal tone recognition and regulation
- Grounding and regulation exercises ● Introduction to Viscera cont.
- Emotional somatic work ● Orientation and boundaries ● Verbal skills ● Safe therapeutic space
- Energetic cysts ● Trauma vortexes and healing ● Polyvagal theory.

78 full hours: 13 weekly sessions, 6 hours each.

Level 5 - Introductions for children - Polarity, the butterfly and metamorphic massage

- Craniosacral and children ● Bonding ● Secure and insecure attachment patterns
- Polarity therapy - energetic-mental-physical psychotherapy model ● Metamorphic
- The butterfly massage ● Introductions to special needs

60 full hours: 10 weekly sessions, 6 hours each.

Level 6 - Pregnancy, birth and babies – potency-fluid-tissue dynamics

- Introductions to embryology ● Potency-Fluid-Tissues ● Perinatal and Neoreichian approaches
- Stories of rooting pregnancy and childbirth ● Birth patterns ● Ignition ● Working with pregnant and postpartum women ●Working with babies ● Metamorphic and the butterfly massage for the baby ● Abnormal and at-risk births. ● Introduction to Viscera cont.

72 full hours: 12 weekly sessions, 6 hours each.

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Information about the study hours of the training:

420 hours (560 academies) of in-class – frontal learning in six levels.
331 hours (442 academies) of personal active learning according to the list below:

- 95 hours practice reports during the levels.
- 26 hours of supervision and practice days
- 5 hours of student clinic.
- 55 hours of the case study project.
- 150 hours of the final written exam and final practical exam.

A total of 751 hours of training (1002 academies).
***Anatomy and Physiology**: 250 full hours
Including presentation, theory, anatomical drawing, self-palpation and sensing, palpation and sensing in pairs.

The cost of training and the payment layout

- Total training duration across all levels is 24 months.
- These hours do not include holidays and annual leave.
- Training hours and costs do not include: guest lectures and external workshops, supervision class days, the Student Clinic, and the final practical session.
- Registration for the training as a deposit to reserve a spot involves a non-refundable fee of 1,325 ILS, which will be deducted across all 20 installments of the total tuition fee - meaning 66 ILS will be deducted from each payment. This deposit payment will be made via a GROW credit card link.
- The full price for all stages of the training is 26,500 ILS, payable in 20 installments of 1,260 ILS each. (After the deduction of the advance/registration fee). Payment will be made via a GROW credit card link.
- The early bird registration price (up to 3 months before the course begins) is 25,220 ILS, payable in 20 installments of 1,195 ILS each. (After the deduction of the advance/registration fee). Payment will be made via a GROW credit card link.
- The price does not include: guest lectures (optional), supervision classes (optional), Student Clinic (mandatory), and the individual final practical session (mandatory).
- Relevant guest lectures and external workshops: The school will occasionally offer paid lectures and workshops.
- A supervision class is recommended a few times during the training at a cost of 1,200 ILS (for 6 hours), which will be divided among all participants.
- Student Clinic (mandatory) – cost of 360 ILS (student pays 160 ILS, client pays 200 ILS).
- The final practical session with the instructor (mandatory) – cost of 550 ILS.

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Cancellation policy registration and payment procedures

- Registration must be done by filling out the form in the link in the web page and sending checks to Shaily Feinberg.
- Participation in the training can be canceled up to 3 months before the opening without cost. All checks will be returned.
- Participation in the training can be canceled up to a month before the opening by paying half of the full price of the training.
- Any cancellation for any reason in the month before the beginning of the training will be charged the full cost.
- After the beginning of the training, it is not possible to receive a refund for any reason.

Course procedures and conduct during the training

- The designated study day is set for each learning cohort and generally remains the same throughout the entire training. However, there is no commitment to this, and the study day may change subject to prior coordination and notification.
- Classes do not take place during holidays and breaks. The annual vacation usually takes place from mid-July until the end of August (subject to change and updates from year to year).
- The day and time for submitting weekly self-study home assignments will be provided by the school upon the closing of registration (once the training cohort is full).
- Submission of weekly assignments – including practice reports, lesson summaries, and adherence to deadlines – is the student's responsibility. If necessary, the student must contact the instructor in writing to request an extension. Approval is at the instructor's discretion and depends on the reason for the request.
- If an extension for homework is not approved, the student will be required to pay a pre-paid fee of 400 ILS for a late submission, in coordination with the instructor or assistant.
- If homework is not submitted on time and is not completed via a paid late submission, the student will be permitted to continue their studies but will not be eligible to receive a graduation diploma/certification.
- Submission of stage-by-stage assignments – students are responsible for meeting the submission deadlines. If necessary, the student must contact the instructor or assistant in writing to request an extension, which will be granted at their discretion based on the reason for the request.
- If an extension for stage assignments is not approved, a late submission of between two weeks to a month will incur a fee of 400 ILS. If stage assignments are not submitted on time and are not completed via a paid late submission, the student may continue studying but will lose eligibility for a graduation diploma/certification.

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Course procedures and conduct during the training - continue

- Clinical practice project (after Stage 4): A late submission without prior approval from the school will incur a fee of 800 ILS.
- Self-assessment project (after Stage 4): Deadlines must be strictly met. No late submissions will be allowed for this project.
- Receiving 10 treatments: Students must receive 10 sessions from a certified Craniosacral therapist practicing the Biodynamic approach (a list of approved therapists will be provided).
- Completion of all course assignments and requirements is permitted up to six months after the end of studies. In exceptional cases, an extension may be requested. Each request will be evaluated individually, and an extension will only be granted upon written consent from the school.
- Absences: Any missed class will require the student to make up the material individually through a 2-hour private session with the instructor at a cost of 670 ILS (unless the instructor decides the material can be completed in an alternative way). It is the student's responsibility to contact the instructor to clarify what needs to be made up and how.
- In certain cases, students may complete the theoretical and practical material with another student, subject to approval from the instructor or assistant. The student is responsible for checking what they missed and whether it can be made up with a peer or via a paid private session with the instructor.
- If a student cannot attend a class in person but is able to join via Zoom/online, it is the student's responsibility to organize and coordinate the Zoom access, recording, etc., with the other students in the group. The student must still verify with the instructor or assistant whether they will need to officially make up the class and in what manner (a paid private session or with a peer).
- Students commit to maintaining proper, respectful behavior and conduct toward all fellow students and the instructor.
- A detailed schedule for each stage will be provided as an appendix to that stage's study booklet.
- Should there be a need to extend the duration of this training program, an additional proportional payment will apply (further details and updates will be provided during the training as needed, as well as an explanation during the introductory meeting).
- Students can receive treatments from the program facilitator throughout the training at a special student rate of 360 ILS per session.

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Requirements for Graduation and Diploma Certification

Certification will be granted only upon fulfillment of all training requirements:

- All 6 training stages – Full attendance is mandatory, or missed material must be completed via paid make-up sessions.
- Submission of weekly assignments - Including practice reports, lesson summaries, and strict adherence to deadlines, is the student's responsibility. If necessary, the student must contact the instructor in writing to request an extension. Approval is at the instructor's discretion and depends on the reason for the request. If an extension for homework is not approved, the student will be required to pay a pre-paid fee of 400 ILS for a late submission, in coordination with the instructor or assistant. If homework is not submitted on time and is not completed via a paid late submission, the student will be permitted to continue their studies but will not be eligible to receive a graduation diploma/certification.
- Submission of stage-by-stage assignments - Students are responsible for meeting submission deadlines. If necessary, the student must contact the instructor in writing to request an extension, which will be granted at the instructor's discretion based on the reason for the request. If an extension for stage assignments is not approved, a late submission of between two weeks to a month will incur a fee of 400 ILS. If stage assignments are not submitted on time and are not completed via a paid late submission, the student may continue studying but will lose eligibility for a graduation diploma/certification.
- Student Clinic – Conducted according to the schedule that will be coordinated after Stage 3 (requires an additional fee).
- Clinical practice project (after Stage 4): A late submission without prior approval from the school will incur a fee of 800 ILS.
- Self-assessment project (after Stage 4): Deadlines must be strictly met. No late submissions will be allowed for this project.
- Receiving 10 treatments: Students must receive 10 sessions from a certified Craniosacral therapist practicing the Biodynamic approach (a list of approved therapists will be provided).
- Final practical session: To be completed with a certified school instructor (requires an additional fee).
- Completion of course assignments and requirements: Allowed up to six months after the end of studies. In exceptional cases, an extension may be requested. Each request will be evaluated individually, and an extension will only be granted upon written consent from the school.
- Certified Biodynamic Craniosacral Therapist (BCST): Providing treatments for payment is strictly permitted only after receiving the official certificate.

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❖ The international BCST certification diploma will be issued by:

- **'The Israeli Center for Biodynamic Craniosacral & Polarity (IBCPC)' / Shaily Feinberg**
- **Recognized by the International Biodynamic Craniosacral Association (BCTI)**
- A member of the **Israel Massage and Touch Professions Association (IMBA)**

Acceptance requirement:

- ❖ Attendance at the introductory meeting + a non-refundable registration fee of 1,325 ILS, which will be deducted from the total tuition amount.
- ❖ Prior commitment to the full curriculum and all of its requirements.
- ❖ Commitment to full attendance in all classes, or completing missed material via a paid private session.
- ❖ Fulfillment of all practice requirements during the training, including completing and submitting assignments strictly by their deadlines.
- ❖ Full completion of all training requirements.
- ❖ Full payment for the entire training program.
- ❖ Signing an agreement and commitment form to the training terms and conditions.
- ❖ Signing an agreement form to BCTI standards to receive an international certification on behalf of the IBCPC.
- ❖ A signed commitment regarding copyright laws for all study booklets, video recordings, audio recordings, and Zoom recordings – it is strictly forbidden to copy, reproduce, or forward content from the study booklets, presentations, videos, Zoom recordings, or audio recordings, whether in part or in full, without the explicit written and signed permission of the school.
- ❖ Signing a "Bina" (Understanding/Declaration) form.
- ❖ A personal admissions interview prior to registering for the training (at no cost) and completing a health declaration form.
- ❖ Student commitment to learning capability and fulfillment of all training requirements.
- ❖ Student commitment to maintaining proper, respectful behavior and conduct toward all fellow students, the instructor, and the assistant.
- ❖ Please note that there may be a requirement by the international organization (BCTI), the Ministry of Labor, or the Ministry of Health to complete additional studies for a fee (as part of a regulatory process).

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Cancellation terms

1. In the event of a lockdown after the course has opened and during its duration, by order and under the authority of the Ministry of Health, the Ministry of Defense, and/or any other government entity: studies will continue via Zoom. These sessions will focus on theoretical and anatomical materials, Q&As, self-practice, and self-presence exercises. Full compensation and make-up sessions will be provided for all practical, hands-on components.
2. If the course cannot open due to the following reasons:
   a. A lockdown that lasts for an excessive period of time (the school holds the sole responsibility and decision-making authority, at its discretion, to determine what constitutes "too long") and significantly delays the opening of the course. The school undertakes to provide updates.
   b. The course facilitator cancels or does not open the course due to personal reasons.
   A full refund will be issued! This is subject only to a relative deduction for the number of lessons that actually took place (if any) + the registration fee.
3. Regarding presence in the learning space and course conduct: In cases of abusive or offensive behavior toward fellow students in the study group, the instructor, or the assistant, the school reserves the right, at its sole discretion, to terminate the student's studies. Written notification will be sent to the student, and no refund will be given. (A detailed appendix outlining the rules of proper conduct can be requested from the school).
4. Withdrawal from studies by the student during the training program due to incompatibility with the program, its content, or the teaching methods—or for any other personal reason—will require the continuation of all full payments in accordance with all the training terms and conditions specified above.

Successfully,
Shaily Feinberg



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