



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

**The Israeli Biodynamic  
Craniosacral & Polarity Center  
IBCPC**

**Biodynamic Craniosacral Training  
Professional certified  
Craniosacral Training  
BCST**

**Recognized by the international Organization**



**Facilitator: Shaily Feinberg**

**ISRAEL**

**Based on Dr. William Garner Sutherland, Dr. Rollin Becker,  
Dr. Randolph Stone and Franklyn Sills and more.**

**♥ In appreciation Gratitude and love to my teacher Dr. Andrea Axt ♥**



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

## Level 1 - The Craniosacral system and relational space & touch

- The Breath of Life system - the Craniosacral system • Midline • Introduction to Viscera
- Establishing therapeutic presence and relational space and touch
- Developing sensitivity and ability to palpate and to understand the system •
- The inherent intelligence of healing and order system - Becker's 3 stages of healing
- Therapy-therapist-client • Augmentation • Intake • Writing therapeutic session

96 full hours: 16 weekly sessions, 6 hours each.

## Level 2 - Rhythms and tides of the Breath of Life

- The 3 tides of the Breath of Life • Fascia and the uniformity of the Fluid body
- Biotensegrity • recognizing the imprint of health in the system • Biosphere
- Therapeutic hologram • Transmutation
- Manifestation of the Breath of Life

42 full hours: 7 weekly sessions, 6 hours each.

## Level 3 - The midline and facial dynamics

- Listening to the reciprocal membrane system R.T.M • Core link • S.B.J
- Facial dynamics: T.M.J • Hyoid bone and the muscles • Palate and mouth work
- Fluid cranium • Flower head cranium • The venous sinuses
- Midline-longitudinal and lateral axes • Birth patterns • M.R.E exercises
- Deepening into the Becker's 3 stages of healing • Introduction to Viscera cont.

72 full hours: 12 weekly sessions, 6 hours each.

## Level 4 - Trauma and the survival stress system

- Different approaches in working with trauma • Craniosacral and trauma
- The physiological and anatomical aspects of the trauma • Stress situations • H.P.A AXIS
- Autonomic tone recognition and regulation work • Vagal tone recognition and regulation
- Grounding and regulation exercises • Introduction to Viscera cont.
- Emotional somatic work • Orientation and boundaries • Verbal skills • Safe therapeutic space
- Energetic cysts • Trauma vortexes and healing • Polyvagal theory.

78 full hours: 13 weekly sessions, 6 hours each.

## Level 5 - Introductions for children - Polarity, the butterfly and metamorphic massage

- Craniosacral and children • Bonding • Secure and insecure attachment patterns
- Polarity therapy - energetic-mental-physical psychotherapy model • Metamorphic
- The butterfly massage • Introductions to special needs

60 full hours: 10 weekly sessions, 6 hours each.

## Level 6 - Pregnancy, birth and babies – potency-fluid-tissue dynamics

- Introductions to embryology • Potency-Fluid-Tissues • Perinatal and Neoreichian approaches
- Stories of rooting pregnancy and childbirth • Birth patterns • Ignition • Working with pregnant and postpartum women • Working with babies • Metamorphic and the butterfly massage for the baby • Abnormal and at-risk births. • Introduction to Viscera cont.

72 full hours: 12 weekly sessions, 6 hours each.

© All rights reserved to the Israeli Biodynamic & Polarity Craniosacral Center

[www.biocranioschool.com](http://www.biocranioschool.com) Shaily Feinberg +972543149914



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

### **Information about the study hours of the training:**

420 hours (560 academies) of in-class – frontal learning in six levels.

331 hours (442 academies) of personal active learning according to the list below:

- ❖ 95 hours practice reports during the levels.
- ❖ 26 hours of supervision and practice days
- ❖ 5 hours of student clinic.
- ❖ 55 hours of the case study project.
- ❖ 150 hours of the final written exam and final practical exam.

**A total of 751 hours of training (1002 academies).**

**\*Anatomy and Physiology:** 250 full hours

Including presentation, theory, anatomical drawing, self-palpation and sensing, palpation and sensing in pairs.

### **The cost of training and the payment layout**

- ❖ The total time of the training levels is 2 years weekly classes.
- ❖ These hours do not include holidays and annual break.
- ❖ These hours do not include: The external lectures, extra supervision days.
- ❖ During vacations and holidays there are no classes. The annual break usually applies from mid-July to the end of August (can change and be updated from year to year).
- ❖ The study day is determined for each study group and usually remains the same day for the entire training, although there is no commitment, and the school day can change by coordinating and updating in advance.
- ❖ The full price of all levels of the training is 26,500 NIS in 16 checks 1,660 NIS each.
- ❖ The price for early registration (up to two months before the beginning of the course) is 25,220 NIS in 16 checks of 1,580 NIS each.
- ❖ The price does not include external lectures, extra supervision classes, student Clinic and the final practical exam session.
- ❖ The final practical exam session costs 550 NIS.
- ❖ The student clinic session costs 360 NIS (student-160 client -200)
- ❖ If a check bounces, the responsibility is for the student to deposit again plus a refund fee and repeat deposit within the same week, or by bank transfer.
- ❖ Payment in cash: All payments must be given as a deposit in checks that will be returned every other month payment in cash at the designated time for payment. The student is solely responsible for timely payment. If the cash payment is not paid on time, the check will be deposited.
- ❖ All those who miss a class will be charged with completing the class individually for two hours with me and paying 670 NIS (unless I decide that it is possible to complete in another way. The student is responsible to contact me and find out what needs to be completed and how).



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

### **Cancellation policy registration and payment procedures**

- ❖ Registration must be done by filling out the form in the link in the web page and sending checks to Shaily Feinberg.
- ❖ Participation in the training can be canceled up to 3 months before the opening without cost. All checks will be returned.
- ❖ Participation in the training can be canceled up to a month before the opening by paying half of the full price of the training.
- ❖ Any cancellation for any reason in the month before the beginning of the training will be charged the full cost.
- ❖ After the beginning of the training, it is not possible to receive a refund for any reason.

### **Course procedures and conduct during the training**

- ❖ If a student misses attendance for any reason - he/she can complete the academic and practical material with another student or by individual class with the teacher for a fee (the student is responsible for checking with the teacher what he/she missed and whether it is possible to make up with another student or individually with the teacher).
- ❖ If the student cannot attend the class and can learn via zoom/online - it is the student's responsibility to organize and arrange for zoom learning/recording, etc. with the other students in the group also someone to practice on.
- ❖ The students commitment is to proper and respectful behavior towards all students and to the teacher.
- ❖ Each level will have a schedule as an appendix to the study manual of that level.
- ❖ **Receiving the certificate** will be given on behalf of  
**'The Israeli Biodynamic Craniosacral & Polarity Center' IBCPC/Shaily Feinberg.**

**Under the BCTI Biodynamic Craniosacral Trainings International**



**A member of the 'Israel Massage and Touch Association' IMBA.**

The certificate will be given only after fulfilling **all** the training requirements: Practices, homework for each level, receiving treatments, self-evaluation project, writing final exam, case study project, final practical exam, full attendance and/or completion of classes and full payments.

- ❖ Certified biodynamic craniosacral therapist - only after receiving the certificate, treatments can receive payments.
- ❖ In case of a necessary extension of the studies in this training, there will be an additional payment proportionally (updates and details, if necessary, will be provided during the training and an explanation will be provided during the introductory meeting).
- ❖ Receiving a session during the entire training period from the teacher at a cost of a student fee 360 NIS.



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

### **Requirements for the completion of the training and qualification for the certificate**

- ❖ 6 levels of the training - full attendance/paid completion.
- ❖ A final practical exam session with a qualified teacher on behalf of the school.
- ❖ Submitting weekly assignments - practical reports, lesson summary on submission times - the student's responsibility is to meet the submission times and, if necessary, contact the teacher by writing and request an extension. The teacher's discretion as to whether to allow this (depends on the reason for the request).  
If there is no approval to extend the submission of the final exam, the student will be charged for submitting the final exam late at a cost of 400 NIS, paid in advance - in coordination with the teacher/assistant.  
If homework is not submitted on time or is not completed by submitting homework late and paying, the student will be allowed to continue their studies but will not be eligible to receive a certificate of completion - certification.
- ❖ Submitting tasks according to each level - meeting the submission deadlines. The student is responsible for meeting the submission deadlines. If necessary, contact the teacher in writing and request an extension. The teacher's discretion as to whether to allow this (depending on the reason for the request).  
If there is no approval for extending assignments by each level:  
Lateness of between two weeks and a month - the student will be charged with submitting a late assessment at a cost of 400 NIS.  
If assignments by each level are not submitted on time and are not submitted late with payment, the student will be allowed to continue their studies but will not be eligible to receive a certificate of completion – certification.
- ❖ The case study project after level 4. Late submission without the school's approval will be charged a cost of 800 NIS.
- ❖ Self-evaluation project - after level 4. Adherence to submission deadlines. Late submissions will not be permitted.
- ❖ Receiving 10 treatments by a certified Biodynamic craniosacral therapist (a list of possible therapists will be provided).
- ❖ The final practical exam is 550 NIS.
- ❖ Completion of the tasks and course requirements up to six months after graduation - in exceptional cases it will be possible to request an extension. Each request will be reviewed individually. Only after the school's written consent an extension will be given.



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

### Acceptance requirement:

- ❖ Participation in an introductory meeting + Registration fee of 1325 NIS which is non-refundable and offset against the total amount.
- ❖ Commitment to the entire curriculum and its requirements in advance.
- ❖ A commitment to full attendance during all classes or completing a class individually for a fee.
- ❖ Practice requirements during the training.
- ❖ Full fulfillment of all training requirements.
- ❖ Full payment for the training.
- ❖ Signing a consent form and commitment to the training conditions.
- ❖ Signing a BCTI standards agreement form to receive an international certificate from the IBCPC.
- ❖ Commitment on copyright for the textbooks - do not copy/replicate/transmit the contents of the textbooks and presentations either in part or in full without express written permission signed by the school.
- ❖ Personal admission interview before registering for training (free of charge).
- ❖ The student's commitment to proper and respectful behavior towards all students and the teacher.
- ❖ There may be a requirement from the international organization BCTI or the Ministry of Labor/Ministry of Health to complete paid studies (as part of the regularization process).



SHAILY FEINBERG  
Treatments • Trainings • Pro-Seminars

### **Cancellation terms**

1. In a situation of closure after the beginning and during the training by order and authority: Ministry of Health/Ministry of Defense and/or any other government ministry, the studies will continue in Zoom and will focus on the theoretical, anatomical study materials, questions and answers, self-practices, self-therapeutic presence exercises. All the practical part will be completed.
2. If the training cannot be opened for the following reasons:
  - A. A closure that will last for an excessively long period of time (it is up to the defeatist to decide at his own discretion what is too long) and will significantly delay the opening of the training. The school undertakes to update.
  - B. The teacher will not open the training for personal reasons.  
There will be a full refund! Except for offsets relative to the number of classes that actually took place + the registration fee.
3. In a situation where the student disrupts the teacher's conduct in class, behaves in a manner that does not respect the boundaries and attendance procedures in the space and the course, and behaves offensively towards students in the study group and towards the teacher and assistant, the school will be entitled, at its discretion, to terminate the studies and notify the student in writing. Refunds will be given proportionally, after calculating the cost of the number of lessons taken and the registration fee. The remaining amount to be refunded will be 50%. Damages due to inappropriate behavior, as stated, will be collected in the amount of ₪1660.
4. Discontinuation of studies by the student during the training due to incompatibility with the studies, its contents and the method of teaching and for any other reason will require the continuation of full payments according to all the requirements and conditions of the training as mentioned.

Successfully,  
Shaily Feinberg